

A List of Specific Attitude Sins to Confess:

We've learned that sin is both attitude and action. Below is a list of sins that includes things believers like you and me deal with. Place a number, from 0 to 10, before each item to indicate the extent of its presence in your life. Mark 0 if it's "not an issue at all" and 10 if it is a point of frequent failure in your life.

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|--|---------------------------|-----------------------------------|------------------------|
| ___ Anger | ___ False modesty | ___ Jealousy | ___ Sadness |
| ___ Anxiety | ___ Fear | ___ Laziness | ___ Self-centeredness |
| ___ Argumentative | ___ Feeling rejected | ___ Loner | ___ Self-confidence |
| ___ Addiction | ___ Feeling stupid | ___ Lust for pleasure | ___ Self-hatred |
| ___ Bigotry | ___ Feeling helpless | ___ Materialistic | ___ Self-gratification |
| ___ Bitterness | ___ Feeling worthless | ___ Must repay kindness | ___ Self-indulgence |
| ___ Boastful | ___ Gluttony | ___ Negativism | ___ Self-justification |
| ___ Bossiness | ___ Greediness | ___ Occult involvement | ___ Self-pity |
| ___ Causing dissension | ___ Guilt (false) | ___ Opinionated | ___ Self-reliance |
| ___ Conceit | ___ Hatred | ___ Overly quiet | ___ Self-righteousness |
| ___ Controlled by emotions | ___ Hostility | ___ Overly sensitive to criticism | ___ Self-sufficiency |
| ___ Controlled by peer pressure | ___ Homosexual lust | ___ Passivity | ___ Sensuality |
| ___ Covetousness | ___ Idolatry | ___ Prejudice | ___ Sexual lust |
| ___ Critical tongue | ___ Impatience | ___ Profanity | ___ Slow to forgive |
| ___ Deceitfulness | ___ Impulsiveness | ___ Projecting blame | ___ Stubbornness |
| ___ Depression | ___ Impure thoughts | ___ Prone to gossip | ___ Temper |
| ___ Dominance | ___ Indifferent to others | ___ Rebellion to authority | ___ Unloving |
| ___ Drug dependence | ___ Inhibited | ___ Resentment | ___ Vanity |
| ___ Drunkenness | ___ Insecurity | ___ Restlessness | ___ Withdrawal |
| ___ Envy (depressed by the good fortune of others) | ___ Intemperance | | ___ Workaholic |

Go slowly, asking God for a total honesty and refusal to play games or pretend anymore. Are you with Him right now? Get on your knees and say, "show me, God. I want this cancer removed and I know that must begin with accurate diagnosis. Show me my sin as you see it God and be as specific as you need to be. Help me to be honest with myself and before you.